



Peter C. Balacuit, M.D.,  
Family Practice

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PROMISSORY NOTE

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB     /     /    

CC: \_\_\_\_\_ Allergies: \_\_\_\_\_

HPI: \_\_\_\_\_

ROS: \_\_\_\_\_

Physical Exam: VS: T: \_\_\_\_\_ BP \_\_\_\_\_ HH \_\_\_\_\_ RR \_\_\_\_\_ Wt \_\_\_\_\_ Ht \_\_\_\_\_ BMI \_\_\_\_\_

General: \_\_\_\_\_  
H/E/E/N/T \_\_\_\_\_  
Neck \_\_\_\_\_  
Lungs \_\_\_\_\_  
Heart \_\_\_\_\_  
Back \_\_\_\_\_  
Abdomen \_\_\_\_\_  
Extremities \_\_\_\_\_  
Neuro \_\_\_\_\_  
Skin \_\_\_\_\_  
Genitalia \_\_\_\_\_

Medication:


Diagnosis:

Evaluation:

Plan:

#1 \_\_\_\_\_ W S I \_\_\_\_\_

#2 \_\_\_\_\_ W S I \_\_\_\_\_

#3 \_\_\_\_\_ W S I \_\_\_\_\_

#4 \_\_\_\_\_ W S I \_\_\_\_\_

Patient Educ:  Adv. Directive  Diabetes  Meds  Tobacco/Alcohol  Diet  Exercise  Asthma

Lab + Ancillary

CBC CMP LIPIG LFT TSH UA PSA HgbA1c EKG CXR MAMMO CT ABI  
Urine Microalb Stool OB GC/Chlam Pap Smear DEXA Ultrasound

Follow up: \_\_\_\_\_ Days/Weeks/Months/Years

Provider Signature: \_\_\_\_\_



# HISTORY & PHYSICAL

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MRN #

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ DATE: \_\_\_\_\_

**FAMILY HISTORY:** IF ANY BLOOD RELATIVE HAS SUFFERED ANY OF THE FOLLOWING, PLEASE CIRCLE THE NUMBER & INDICATE WHICH RELATIVE:

- |                  |              |                    |                  |
|------------------|--------------|--------------------|------------------|
| 1) ALCOHOLISM    | 6) CANCER    | 11) HEART DISEASE  | 16) OSTEOPOROSIS |
| 2) ANEMIA        | 7) DIABETES  | 12) HYPERTENSION   | 17) STROKE       |
| 3) ASTHMA        | 8) EPILEPSY  | 13) KIDNEY DISEASE | 18) THYROID      |
| 4) ARTHRITIS     | 9) GLAUCOMA  | 14) MENTAL ILLNESS | 19)              |
| 5) BLEEDS EASILY | 10) HAYFEVER | 15) MIGRAINE       | 20)              |

HOSPITAL ADMISSIONS	YEAR	ILLNESS OR OPERATION (not including pregnancies)	Past:	ALLERGIES
			Present:	

LIST ALL MEDICATIONS YOU ARE NOW TAKING: (including Over the Counter)		VACCINE (Year of Last)	TEST/EXAM (Year of Last)
1)	7)	Tetanus / Diphtheria	Cholesterol
2)	8)	Influenza	Dental
3)	9)	Pneumococcal	Eye
4)	10)	Hepatitis	Hearing
5)	11)		Rectal / Stool
6)	12)		Sigmoidoscopy
			Tuberculosis Skin Test

**MEDICAL HISTORY** (Check (✓) and indicate age when you had any of the following symptoms or diseases. MARK (X) for current problems

MAIN PROBLEMS 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

<input type="checkbox"/> Decreased Hearing	<input type="checkbox"/> Loss of Appetite - <i>recent</i>	<input type="checkbox"/> Cancer	<input type="checkbox"/> Phobias	<b>FEMALES - Please Complete</b> Menstrual Flow: <input type="checkbox"/> Reg. <input type="checkbox"/> Irreg. <input type="checkbox"/> Pain / Cramps Days of of Flow _____ Lengths of Cycle _____ Date ____ of last period <input type="checkbox"/> Pain / Bleeding during or after sex Number of: Pregnancies _____ Abortions _____ Miscarriages _____ Live Births _____ Birth Control Method _____ B.C. Pill (Name) _____ <input type="checkbox"/> Flushing / Menopause Date of last pelvic exams _____ Date of last PAP test _____ <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal
<input type="checkbox"/> Ringing in Ear	<input type="checkbox"/> Difficulty Swallowing	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Mental Illness	
<input type="checkbox"/> Ear Infections - <i>frequent</i>	<input type="checkbox"/> Indigestion or Heartburn	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Chicken Pox	
<input type="checkbox"/> Dizzy Spells	<input type="checkbox"/> Peptic Ulcers	<input type="checkbox"/> Convulsions / Seizures	<input type="checkbox"/> Polio	
<input type="checkbox"/> Failing Vision <input type="checkbox"/> Eye Pain	<input type="checkbox"/> Abdominal Pain - <i>Chronic</i>	<input type="checkbox"/> Stroke	<input type="checkbox"/> Mumps	
<input type="checkbox"/> Double or Blurred Vision	<input type="checkbox"/> Gall Bladder Trouble	<input type="checkbox"/> Tremor / Hands Shaking	<input type="checkbox"/> Measles	
<input type="checkbox"/> Eye Infections - <i>frequent</i>	<input type="checkbox"/> Jaundice / Hepatitis	<input type="checkbox"/> Muscle Weakness	<input type="checkbox"/> German Measles	
<input type="checkbox"/> Nose Bleeds - <i>recurrent</i>	<input type="checkbox"/> Change in Bowel Habits	<input type="checkbox"/> Numbness/Tingling Sensations	<input type="checkbox"/> Rheumatic Fever	
<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Diarrhea <input type="checkbox"/> Constipation	<input type="checkbox"/> Headaches - <i>frequent</i>	<input type="checkbox"/> Scarlet Fever	
<input type="checkbox"/> Sore Throat - <i>frequent</i>	<input type="checkbox"/> Diverticulosis	<input type="checkbox"/> Arthritis / Rheumatism	<input type="checkbox"/> Tuberculosis	
<input type="checkbox"/> Hoarseness - <i>prolonged</i>	<input type="checkbox"/> Crohn's / Colitis	<input type="checkbox"/> Back Pain - <i>recurrent</i>	<input type="checkbox"/> Herpes	
<input type="checkbox"/> Pneumonia / Pleurisy	<input type="checkbox"/> Bloody or Tarry Stools	<input type="checkbox"/> Bone Fracture / Joint Injury	<input type="checkbox"/> Contact with Blood or Body Fluids	
<input type="checkbox"/> Bronchitis / Chronic Cough	<input type="checkbox"/> Hemorrhoids	<input type="checkbox"/> Gout	<input type="checkbox"/> Alcohol ____ oz. per week	
<input type="checkbox"/> Asthma / Wheezing	<input type="checkbox"/> Hernia	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Smoking ____ cig. per day	
<input type="checkbox"/> Shortness of Breath: <input type="checkbox"/> On Exertion <input type="checkbox"/> Lying Flat	<input type="checkbox"/> Urine Infections - <i>frequent</i>	<input type="checkbox"/> Foot Pain	<input type="checkbox"/> Number of years	
<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Blood in Urine	<input type="checkbox"/> Cold Numb Feet	<input type="checkbox"/> Coffee / Tea # of cups per day _____	
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Urination <input type="checkbox"/> Overnight > than twice	<input type="checkbox"/> Rashes	<input type="checkbox"/> Advanced Directives	
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Painful <input type="checkbox"/> Loss of Control	<input type="checkbox"/> Hives	<b>MALES - Please Complete</b> Date of last prostate exam _____ Date of last breast exam _____ <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	
<input type="checkbox"/> Irregular Pulse Palpitations	<input type="checkbox"/> Decrease in Force / Flow	<input type="checkbox"/> Psoriasis		
<input type="checkbox"/> Swollen Ankles	<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Eczema		
<input type="checkbox"/> Fainting Spells	<input type="checkbox"/> Venereal Disease	<input type="checkbox"/> Sleeping - <i>difficulty</i>		
<input type="checkbox"/> Leg Pain - Walking	<input type="checkbox"/> Urethral Discharge	<input type="checkbox"/> Nervousness		
<input type="checkbox"/> Varicose Veins / Phlebitis	<input type="checkbox"/> Chronic Fatigue	<input type="checkbox"/> Depression		
	<input type="checkbox"/> Weight Loss - <i>recent</i>	<input type="checkbox"/> Memory Loss		
	<input type="checkbox"/> Anemia <input type="checkbox"/> Bruise Easily	<input type="checkbox"/> Moodiness - <i>excessive</i>		

**SYNOPSIS (OFFICE USE ONLY)**

Signature

M.D.